



# EASTBOURNE

## SAMPLE PROGRAMME - SUMMER 2023

Week 1	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday	
7:45 – 9:00	Arrival Day	Breakfast							
9:00 – 10:00		Course Orientation & Testing	Communication Skills	Global Citizenship	Full Day Educational Excursion London  (inc. Sightseeing Walking Tour)	Full Day Educational Excursion London  (inc. Brighton Pavilion)	Communication Skills	21st Century Skills	
10:00 – 11:00							Communication Skills	21st Century Skills	
11:00 – 11:30		Break					Break		
11:30 - 12:30		Welcome Talk & Campus Tour	Global Citizenship	Communication Skills			Global Citizenship	21st Century Skills	
12:30 – 14:00		Lunch					Lunch		
14:00 – 14:15		Half Day Educational Excursion Eastbourne (inc. Town Orientation)	Activity & Workshop meeting				Activity & Workshop meeting		
14:15 - 15:30			Team Building Skills Workshop	Photography Workshop			Music Workshop	Circus Skills Workshop	
15:30 - 16:00			Break				Break		
16:00 - 17:15			Free Choice Activities	Free Choice Activities			Free Choice Activities	Free Choice Activities	
		Students walk and/or take a local public bus home (and back to the College on activity nights)							
19:45 – 21:30	Evening with Hosts	Disco & activities at Eastbourne College	Activities at Eastbourne College	Evening with Hosts	Evening with Hosts	Evening with Hosts	Disco & activities at Eastbourne College	Evening with Hosts	
21:30		Public bus home	Public bus home				Public bus home		

Week 2	Wednesday	Thursday	Friday	Saturday	Sunday	Monday	Tuesday
7:45 – 9:00	Breakfast						
9:00 – 9:15	Half Day Educational Excursion Eastbourne (inc. Free Time)	Activity & Workshop meeting		Full Day Educational Excursion London (inc. Museum entrance)	Day with Host	Activity meeting	Departure Day
9:15 – 10:30		MUN / Cultural Exchange	MUN / Cultural Exchange			Creative Design Workshop	
10:30 – 11:00		Break				Break	
11:00 - 12:15		Free Choice Activities	MUN / Cultural Exchange			Free Choice Activities	
12:15 – 13:45		Lunch				Lunch	
13:45 – 14:45	Global Citizenship	21st Century Skills	Global Citizenship			21st Century Skills	
14:45 - 15:45						21st Century Skills	
15:45 - 16:15	Break					Break	
16:15 - 17:15	Communication Skills	21st Century Skills	Communication Skills			21st Century Skills	
	Students walk and/or take a local public bus home (and back to the College on activity nights)						
19:45 – 21:30	Disco & activities at Eastbourne College	Activities at Eastbourne College	Evening with Hosts	Evening with Hosts		Disco & activities at Eastbourne College	
21:30	Public bus home	Public bus home				Public bus home	